



INFORMED CONSENT & RELEASE FORM FOR EEG RECORDING & NEUROFEEDBACK TRAINING

I authorize the Center for Brain Training (CFB) to provide neurofeedback and record my EEG. Neurofeedback is a form of biofeedback (EEG or brain biofeedback) that offers auditory and/or visual information to individuals about their brain activity. Many conditions appear to be associated with types of brain patterns or activity.

Sensors on scalp: Recording an EEG or providing neurofeedback requires placement of sensors on the scalp for the purpose of measuring the EEG to either provide visual and auditory feedback from the digital signal or for recording EEG electrical activity in a digital form. It is generally accepted that the act of recording the EEG does not affect the individual.

Input from the client is important. It is important for the client to provide feedback about any perceived changes in symptoms or other changes during or after neurofeedback training. Changes noted 1 to 5 days after the last training are particularly important. The client should note changes and provide that information by e-mail, text, phone or in person to Center for Brain Training on or before the next visit.

Review progress periodically. The client should ask for a formal review with CFB after ten to fifteen sessions to evaluate progress. Discussion is invited at any time.

Effect on medications: It is typical that changes an individual may achieve in training with neurofeedback may affect an individual's response to medications. Please discuss changes you perceive in response to medication to the Center for Brain Training staff. Medications should not be stopped or altered without consulting your physician or psychiatrist. Should new symptoms develop or if symptoms should change, it is the client's responsibility to inform his/her healthcare providers, including the neurofeedback practitioner.

Progress varies by individual. Although research and clinicians worldwide have reported progress with a high percentage of clients, no representation is made that any individual client will improve from neurofeedback training. The amount of time it takes for progress to be made when training the brain can vary. When progress is made, some clients report that improvements fade at some point after stopping training. These individuals typically benefit from booster trainings. Neurofeedback training is non-invasive and appears to be a harmless process, as is known at the present time. No long-term adverse effects have been noted in research.

Cancellation policies. Please notify Center for Brain Training of an appointment cancellation at least 24 hours in advance. There is a \$75 fee for missed appointments and cancellations less than 24 hours from the appointment time. **There are no refunds on pre-paid sessions. Sessions must be used within 6 months of payment.**

Waiver. By signing this form, I understand the information above and waive any claim of damages due to a perceived failure to improve with training, a perceived increase in symptoms for which the training was undertaken or perceived side effects. Neurofeedback measures the EEG and provides feedback based on the individual's EEG. I acknowledge that any perceived effects noted during the process of EEG training is likely the result of my brain's response to its own feedback, or perceived effects could be a response to factors unrelated to EEG training.

Any controversy or claim arising out of or related to this contract, or the breach thereof, shall be settled by arbitration administered by the American Arbitration Association pursuant to its Healthcare Payor Provider Arbitration Rules, and judgment on the award rendered by the arbitrator(s) may be entered in any court having jurisdiction thereof in the State of Florida.

Signature: _____ DOB: _____

Printed Name: _____ Date: _____

Name of Dependent (if applicable): _____

Center for Brain Training

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