

**INFORMED CONSENT & RELEASE FORM FOR qEEG BRAIN MAPPING
Center for Brain Training**

I authorize the Center for Brain Training (CFB) to provide a brain map/quantitative EEG (qEEG).

I understand that the qEEG requires placement of sensors on the scalp and ears for the purpose of recording an EEG. This signal is used to provide video displays of electrical activity in the brain.

I understand it is my responsibility to disclose accurately all information requested by the Center for Brain and to monitor and report the subjective effects of the EEG recording and/or EEG training. Neurofeedback is guided by input from the client. It is important that any change in symptoms that occur during the EEG recording or afterwards should be reported to CFB.

Office Policies.

I understand if I don't notify the Center for Brain of an appointment cancellation 24 hours in advance, CFB charges \$75 for the missed appointment.

Release of Information for qEEG

I agree that the Center for Brain and its representatives may consult with the listed primary care physician, or referring practitioner, or any other individuals designated, about the qEEG and obtained results.

Designated Physician

Other Designated Practitioner

Designated Family Member or Friend

By signing this form, I understand the information herein and waive any claim of damages due to the recording or training, including worsening of any condition, claimed side effects or the failure to improve. I agree if any dispute should arise, to submit any dispute with the Center for Brain to binding arbitration under the rules of the American Arbitration Association.

Signature: _____ Print Name: _____

Date: _____ Name of Dependent (if qEEG is for your child): _____

Phone Number: _____ E-Mail: _____

qEEG GUIDELINES & FAQ

The following information is to help you or your child prepare for and understand the brain mapping process. If you have any questions not addressed below, please feel free to ask a member of our staff at any time.

DO

- Try to get plenty of sleep the night before the appointment
- Shampoo hair the night before or morning of the appointment (do not use conditioner, mousse, gel or other additional products)
- Be sure to eat breakfast/lunch or a snack prior to coming in for the appointment
- Bring a list of all current medications with you
- Use the restroom prior to beginning the brain map

DON'T

- Consume caffeinated beverages for 24 hours prior to the appointment
- Consume alcoholic beverages for 24 hours prior to the appointment
- Use any products on the hair prior to coming the appointment (conditioner, mousse, gel, etc)
- Make any medication changes immediately before the brain map. If any medication changes are necessary, please inform our staff as soon as possible so that we are able to make a note of it, or change your mapping appointment, if appropriate.

FAQ

Q: What exactly is a qEEG or brain map?

A: A brain map provides images and information on brain activity. To conduct the brain map, sensors are placed on the head. The sensors allow the brain activity at various sites to be displayed visually on a computer screen and to be recorded. This information helps provide a picture of what is going on in the brain. There are many types of brain maps -- including MRI's PET scans and Spect scans. But the EEG map provides the best information for neurofeedback training. It shows brain timing issues which impact mood, behavior, and attention. An EEG brain map helps identify where the brain has specific problems-- and helps target the kind of interventions to be utilized. Each area of the brain plays an important role. If one or more areas of the brain are running too slowly or too fast, it can cause problems with attention, emotional control, mood or behavior. Brain maps also provide information about communication within the brain. If one area of the brain is constantly communicating with other areas, or they are not communicating well, it will interfere with learning and create additional problems.

Q: How long does the brain map take?

A: Your appointment time will be scheduled for approximately 1 hour. The actual recording of the EEG takes roughly 15-20 minutes. Your EEG will be recorded twice, once with eyes open and once with eyes closed. The bulk of the appointment is devoted to placing and removing the electrodes required to record the map, as each electrode must be placed on a very specific site. We may also spend additional time ensuring that the EEG recording is as clean as possible (for example no excessive muscle movement is being picked up) prior to beginning the recording.